

## PROGRAM SCHEDULE 2024-2025

**Orientation:** 10:30 A.M. - 2:00 P.M.  
September 3, 2024

**Classes\Peer Supervision**  
9:15 A.M.– 4:00 P.M.

September, 2024: 10, 17, 24  
October 1, 15, 22  
November 5, 12, 19, 26  
December 3, 10  
January, 2025: 7, 14, 21, 28  
February 4, 11, 25  
March 4, 11, 18, 25  
April 1

**Directed Prayer Weekends**  
September 5-8, 2024, Ipswich, MA  
January 9-12, 2025, Ipswich, MA

**Day on Boundaries and Ethics in  
Spiritual Direction:** 10 A.M. - 3 P.M.  
Tuesday, October 8, 2024  
Maureen Casey, SND, Joan McCarthy, CSJ

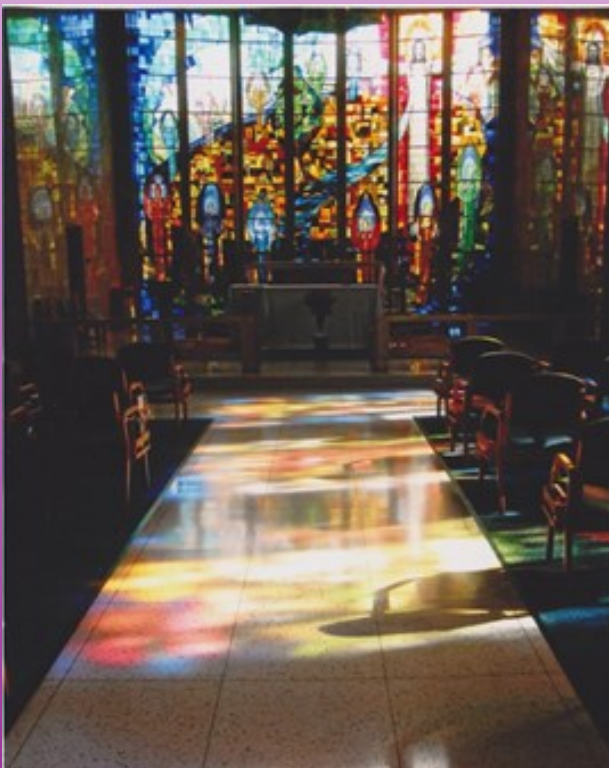
**Integration Days:** 10 A.M. – 4 P.M.  
Oct. 29, 2024, Feb. 18, 2025

**Mid-Evaluation:** 10 A.M. – 12:30 P.M.  
December 17, 2024

**Closing Session:** 10 A.M. – 1:30 P.M.  
April 8, 2025

## Sites

**2 Long, Directed Prayer Weekends  
will be held at  
Notre Dame Spirituality Center  
30 Jeffreys Neck Road**



**All Tuesday sessions will be via Zoom**

# Spiritual Direction Internship Initiative 2024-2025

## Contact

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**Phone:** 617-680-6815

Visit our Website:  
<http://www.spiritualdirectionii.org>

## PURPOSE OF PROGRAM

The Internship in Spiritual Direction aims to provide opportunities for the following:

- ♦ Personal growth and development as ministers
- ♦ An understanding of the theological and psychological bases for spiritual direction
- ♦ Improved communication skills within the context of the helping relationship
- ♦ Supervised ministry as spiritual directors
- ♦ Discernment of one's call as a spiritual director

## SPIRITUAL DIRECTION

Spiritual Direction, as we define it, is a pastoral ministry in which one Christian assists another to pay attention to God's personal communication with him or her, to respond personally to God, and to live out the consequences of this relationship.

## CRITERIA FOR ADMISSION

We welcome as applicants women and men of all faiths, whose experience includes:

- ♦ on-going personal prayer
- ♦ two years of regular (monthly), one-on-one spiritual direction
- ♦ a felt call to spiritual companionship
- ♦ a letter of intent
- ♦ a completed application form
- ♦ three letters of recommendation
- ♦ a personal interview with program staff
- ♦ background in theology
- ♦ some experience of pastoral ministry
- ♦ evidence of personal maturity

## PROGRAM CONTENT

The Internship Program follows the guidelines of Spiritual Directors International by including the elements of:  
Theological Foundations  
Psychological Foundations  
Integration with Justice  
Discernment, Practicum and Supervision

### SPIRITUAL DIRECTION PRACTICUM

Case Studies in Spiritual Direction  
Skilled Dialogue  
Individual and Peer Supervision  
Real Plays and Role Plays  
Experience in Ministering as a Director  
Theological Reflection

### INPUT TOPICS

Prayer, Spirituality  
Contemplative Listening  
Discernment, Supervision  
Religious Experience  
Spiritual Exercises of St. Ignatius  
Issues in Spiritual Direction  
Cosmology, 12-Step Spirituality  
Images of God, Mystics

### READINGS AND REFLECTIVE PAPERS

### ONGOING PERSONAL SPIRITUAL DIRECTION

## COORDINATING STAFF

Maureen Casey, S.N.D.  
Joan M. McCarthy, C.S.J.

### SUPPORT STAFF

Other men and women who are qualified and experienced in spiritual direction, supervision, and psychological counseling

## APPLICATION DEADLINE

**Applications will be accepted up to August 31, 2024 depending on availability of space.**

The **minimum number** of participants is **5** and the **maximum number** is **12**.

Individual interviews will begin in **May, 2024**

Application materials must be in place prior to interviews. Begin application now

## TUITION AND FEES

The cost of the internship is **\$5600**  
This includes: 24 days of input and peer supervision from 9:15 A.M. - 4:00 P.M.  
14 sessions of Individual Supervision  
2 Integration Days, 1 Mid-term Session  
1 Orientation Session/1 Closing Session  
2 Directed Prayer Weekends  
1 Day Program

This cost does **not** include the **\$100**, non-refundable application/interview fee.

Following acceptance a **\$300** non-refundable, non-transferable deposit secures your place. The remaining tuition is due in September.

The cost for your personal spiritual direction is not included in the above program costs.

## CERTIFICATE

Those who fulfill the requirements of the course will earn a Certificate of Completion of an Internship in Spiritual Direction.

*Our God waits to be gracious to you!*

(Isaias 30)